Connect Tool

1) Chose someone you wish to connect with better. **2)** Answer these questions regarding that person.
3) Action Point: Answer the three questions following the exercise.

Name:

What do you know about them that will help you initiate a conversation with them?	
What are some things that you think you have in common with them?	
What have they expressed in the past (thoughts, feelings) that you could follow-up to in a conversation?	
What are you willing to reveal about yourself that might further the connections?	
Based on what you know about them, what day of the week or time of day would be a best to converse with them?	

Action Points

1. Where and when will you have the conversation?

2. What preparation do you need to do before the conversation?

3. Who will you ask and how will you instruct them to help you evaluate how well you engage and limit distractions during conversations?